



Portland Aquatic Club

Locker Room Monitoring Policy

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The following Portland Aquatic Club Policy and Agreement is based off a model locker room monitoring policy provided by USA Swimming and outlined in the Minor Athlete Abuse Prevention Policy

Portland Aquatic Club Locker Room Monitoring Policy

Purpose: The following guidelines are designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms and changing areas.

Facilities: Portland Aquatic Club practices in facilities run by Portland Parks and Recreation and Parkrose School District. All locations have changing rooms that are shared with the public. Most of our changing facilities also contain rest rooms.

Monitoring: While Portland Aquatic Club generally has predictable use of locker rooms and changing areas (immediately before and following practices) we also understand that constant monitoring inside of locker rooms and changing areas would likely make swimmers uncomfortable and may put staff at risk for unwarranted suspicion. Portland Parks staff conducts occasional sweeps of locker room areas.

Coaches make every effort to recognize when an athlete goes into the locker room or changing area during practice. If athletes do not return in a timely fashion, coaches will check on their whereabouts.

We discourage parents from entering locker rooms and changing areas unless it is truly necessary. In those instances, it should only be a same-sex parent. Examples may include if an athlete needs assistance with his or her uniform or gear, or an athlete's disability warrants



assistance, or is young. Most facilities have separate or family changing rooms and rest rooms which are preferable for adults to use under these circumstances.

Use Of Cell Phones and Other Mobile Recording Devices:

Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras, and video cameras increase the risk for different forms of misconduct in locker rooms and changing areas. The USA Swimming Athlete Protection Policies prohibit the use of such devices in the locker room or other changing area:

305.3 Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, rest rooms or locker rooms.

Policy Violations:

In the case of misconduct by an athlete, parent, coach, official or member of the public (due to the public nature of our locker rooms), concerns should be escalated to the Site Coach, Head Coach, and Board President either in-person or in writing as outlined in the [Grievance Procedure](#). Please also reference the guide below as to how and when to report to US Center for SafeSport, USA Swimming SafeSport, and/or State Authorities.

WHERE TO REPORT:

For issues dealing with sexual misconduct, sexual harassment and/or sexually explicit or inappropriate communication through social media:

- U.S. Center for SafeSport: 833-5US-SAFE (587-7233) or <https://safesport.i-sight.com/portal>

For issues dealing with physical abuse, emotional abuse, criminal charges and the use, sale, or distribution of illegal drugs:

- USA Swimming Safe Sport: safesport@usaswimming.org or <https://fs22.formsite.com/usaswimming/form10/index.html>

For issues dealing with known or suspected child abuse contact State Authorities:

- For Oregon: 855-503-SAFE
- For Washington: 866-363-4276

Issues dealing with peer-to-peer bullying, coach-athlete bullying, parent issues, and violations of the PAC Code of Conduct may be handled at the club level, please reference the [PAC Grievance Policy](#).

